

Girls' Bodies

This second episode of 'Paradise Street' starts with a lesson talking about the physical changes that boys and girls experience during puberty; to which the children respond with degrees of embarrassment and confusion. The film then focuses on the girls' perspective through the character of Leyla. Through the film, follow-up discussion, teaching and personal activity, pupils will learn about the physical changes that take place for girls through puberty.



Boys' Bodies

This third episode of 'Paradise Street' starts with a lesson talking about the physical changes that boys and girls experience during puberty; to which the children respond with degrees of embarrassment and confusion. The film then focuses on the boys' perspective through the characters of Marcus and Finn. Through the film, follow-up discussion, teaching and personal activity, pupils will learn about the physical changes that take place for girls through puberty.



Menstruation

Through this session, pupils will learn about how girls manage their periods (menstruation) and understand some of the possible side effects (including PMS). They will learn why periods happen, that fertility is necessary to bring a child into the world, and how the menstrual cycle is part of God's plan for creation.



Do You Want A Piece of Cake?

This session discusses the issue of consent and bodily autonomy and equips children with the ability and confidence to say 'no'.



Types of Abuse

Through 4 fictional stories, children will be introduced to the term 'abuse' and discuss the different kinds abuse, including sexual (which in LKS2 was described as 'abuse of private parts'). Children will learn about the concepts of rights, and how abuse violates their rights. They will be asked to think of trusted adults that they can talk to about any issues they may face.