

# PSHE

PSHE at Holy Family encompasses all that we are trying to achieve through our mission statement and core values: "Trying to make the world a better place through creating a learning environment based upon Gospel values where all adults and children become better people". In PSHE we cover the Personal, Social, Health and Economic Education and Citizenship objectives.

At Holy Family we believe that PSHE education is fundamental in the education of all children and is embedded in all aspects of school life.

Our aim is to prepare the children with the life skills and knowledge they need to live safely and responsibly in the world. The PSHE curriculum is very much part of this preparation and ensuring that we help to mould responsible citizens of the future, who are able to stand up for what they think is right; articulate their opinions; make informed decisions and know who they are as individuals. This is supported by our Philosophy for Children curriculum which is delivered weekly to all our children where children can learn and develop many life skills including the ability to openly discuss a given question. Children can voice their opinions in a safe and non-judgmental environment.

Our curriculum imparts the knowledge, skills and understanding to stay healthy and safe, develop worthwhile relationships, respect differences, develop responsibility, and to make the most of children's own abilities while respecting those of others. The children take part in a range of tasks that promote active citizenship: charity fundraising, the planning of special school events, such as a class assembly or cake sale. The School Council meets regularly to discuss school matters and helps support the Royal British Legion fundraising.

